

Concerned about a student?



UNIVERSITY
of York

Concerned

If a student seems upset or you notice a change in their behaviour that concerns you but there is no immediate risk, contact the Student Wellbeing Officer (SWO) for your area.

Worried

If you are uncertain of the risk and need advice, you can contact your departmental practitioner from 9am to 4pm, Monday to Friday.

- ◆ **Sciences faculty:** rob.ohagan@york.ac.uk
- ◆ **Social Sciences faculty:** grant.denkinson@york.ac.uk
- ◆ **Arts and Humanities faculty:** sarah.thompson2@york.ac.uk
- ◆ **TYMS:** eni.neo@york.ac.uk
- ◆ **HYMS:** nicola.howard@york.ac.uk

Alternatively, you can contact the Open Door team. The team will suggest a course of action and sometimes the student may be seen on the same day. The Open Door duty practitioner is available:

- ◆ Monday and Wednesday, 9am to 8pm
- ◆ Tuesday and Thursday, 9am to 6pm
- ◆ Friday, 9am to 5pm

Outside of term time, practitioners are available Monday to Friday, 9am to 5pm.

Call **01904 32 2140** or email opendoor@york.ac.uk

Crisis

If the student is in immediate danger of hurting themselves or someone else, contact emergency services.

- ◆ **On campus:** call Security on **01904 32 3333** (or **3333** from a University extension)
- ◆ **Off campus:** call emergency services on **999**

Other sources of immediate support can be found by visiting: york.ac.uk/students/health/crisis/

Look after yourself

Some discussions can be upsetting so take some time out and talk to a colleague, a Mental Health First Aid Contact, or access the Employee Assistance Programme by visiting:

york.ac.uk/admin/hr/browse/health-and-well-being